

Who should get a lung screening?

Your doctor might recommend a lung screening if:

- ✓ You are between the ages of 55 and 80.
- ✓ You have smoked a pack of cigarettes a day for 30 years, or two packs a day for 15 years, or 3 packs a day for 10 years, or any amount that adds up to 30 packs or more.
- ✓ You used to be a heavy smoker, but quit within the past 15 years.



Mount Sinai Health System Lung Screening Program

1-844-MSCT-4ME

(1-844-672-8463)

lungscreening@mountsinai.org

Take control
of your health
with a lung
screening.

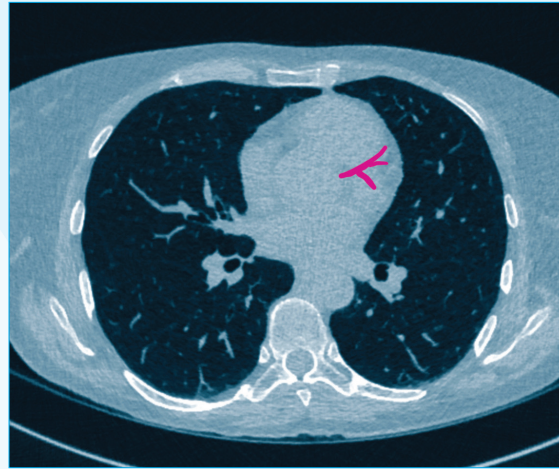


Mount Sinai Health System
Lung Screening Program



If you smoke, a lung screening could save your life.

If you are a smoker or former smoker and are between the ages of 55 and 80, your doctor may recommend a low dose CT scan to evaluate the health of your lungs. The United States Preventive Services Task Force has recommended lung scans for all individuals at high risk. The scan can alert you to health problems before you feel symptoms. Lung cancer is easier to treat when it's discovered early, so getting regular lung screenings can help you stay healthy. Lung screenings can also show if you're at risk for a heart attack and enable you and your doctor to create a preventative treatment plan.



This image of the chest shows the lungs and heart. The coronary arteries are marked, and they can be seen along with the bones and other structures in the chest.

What to expect.

- ✓ You'll speak with a nurse practitioner who will make sure you're eligible for the screening and confirm your insurance covers it.
- ✓ Medicare, Medicaid, and other insurance plans provide lung screenings for eligible patients at no charge.
- ✓ The nurse practitioner will also provide counseling to help you stop smoking.
- ✓ On the day of your appointment, a patient coordinator will guide you. The scan is quick and painless.
- ✓ An experienced radiologist will evaluate the results of the scan.

Why Mount Sinai?

Mount Sinai Health System's Lung Screening Program is led by pioneers in the field who have been doing research and helping patients for more than 20 years. From the nurse practitioner and the patient coordinator, to the radiologist and other team members, everyone on the Lung Screening Team is dedicated to you and your health.

If you need further evaluation or treatment after the scan, you'll have easy access to specialists across the Mount Sinai Health System.

For more information or to make an appointment with the Lung Screening Team, call **1-844-MSCT-4ME** (1-844-672-8463), or e-mail **lungscreening@mountsinai.org**.

